## We claim:

- 1. A method of providing streaming content, the method comprising:
  - (a) receiving an information stream containing content;
  - (b) creating a first burst containing a first portion of the content;
  - (c) creating a second burst containing a second portion of the content; and
- (d) encoding in the first burst a first relative time period between a transmission of the first burst and a transmission of the second burst.
- 2. The method of claim 1, further including:
  - (e) transmitting the first burst to a transmission medium; and
- (f) transmitting the second burst to the transmission medium at a time determined by the first relative time period.
- 3. The method of claim 2, wherein the bandwidth of the first burst corresponds to a maximum bandwidth of a channel of the transmission medium.
- 4. The method of claim 2, wherein the bandwidth of the first burst is less than a maximum bandwidth of a channel of the transmission medium.
- 5. The method of claim 2, wherein the bandwidth of the first burst corresponds to a maximum bandwidth of the transmission medium.
- 6. The method of claim 1, further including:
- (e) encoding in the second burst a second relative time period between a transmission of the second burst and a transmission of a third burst that contains a portion of the content.
- 7. The method of claim 1, wherein (d) further includes encoding a duration of the first burst in the first burst.

- 8. The method of claim 1, wherein the first time period encoded in (d) is encoded in a multiprotocol encapsulation frame.
- 9. The method of claim 1, wherein the first time period encoded in (d) is encoded in an Internet protocol packet.
- 10. The method of claim 1, wherein the first time period encoded in (d) is encoded in digital video broadcast modulation data.
- 11. A method of processing bursts of content data received at a terminal, the method comprising:
  - (a) receiving a first burst of content;
- (b) extracting from the first burst a first relative time period until a transmission of a second burst of content; and
- (c) after (a), removing power from at least a portion of the mobile terminal for a time period less than the first relative time period.
- 12. The method of claim 11, wherein the at least a portion of the mobile terminal comprises a receiving module.
- 13. The method of claim 12, wherein the receiving module comprises a packet filter.
- 14. The method of claim 11, further including:
- (d) after (c), providing power to the at least a portion of the mobile terminal and receiving a second burst of content; and
- (e) after (d), removing power from the at least a portion of the mobile terminal for the time period less than the first relative time period.
- 15. The method of claim 14, further including:

- (f) creating a content stream from the content contained in the first burst and the second burst.
- 16. The method of claim 11, further including:
- (d) after (c), providing power to the at least a portion of the mobile terminal and receiving a second burst of content;
- (e) extracting from the second burst a second relative time period until a transmission of a third burst of content; and
- (f) after (d), removing power from the at least a portion of the mobile terminal for a time period less than the second relative time period.
- 17. The method of claim 16, further including:
- (g) creating a content stream from the content contained in the first burst and the second burst.
- 18. The method of claim 11, wherein (b) comprises extracting the first relative time period from a multiprotocol encapsulation frame.
- 19. The method of claim 11, wherein (b) comprises extracting the first relative time period from an Internet protocol packet.
- 20. The method of claim 11, wherein (b) comprises extracting the first relative time period from digital video broadcast modulation data.
- 21. A mobile terminal that processes bursts of content, at least some of the bursts of content include relative time periods, the mobile terminal comprising:

a receiving module that receives bursts of content;

an extraction module configured to extract relative time periods from the bursts of content; and

a power management module that removes power from at least the receiving module for power off time periods that correspond to the relative time periods.

- 22. The mobile terminal of claim 21, further including a time source coupled to the power management module and that provides relative time information to the power management module.
- 23. The mobile terminal of claim 22, further including a buffer that stores the bursts of content.
- 24. The mobile terminal of claim 23, further including a processor that creates a continuous content stream from the bursts of content.
- 25. The mobile terminal of claim 21, wherein the extraction module extracts the relative time periods from multiprotocol encapsulation frames.
- 26. The mobile terminal of claim 21, wherein the extraction module extracts the relative time periods from Internet protocol packets.
- 27. The mobile terminal of claim 21, wherein the extraction module extracts the relative time periods from digital video broadcast modulation data.
- 28. A mobile terminal that processes bursts of content, at least some of the bursts of content include relative time data indicating a relative time between bursts, the mobile terminal comprising:
  - a means for receiving bursts of content;
  - a means for extracting relative time periods from the bursts of content; and
- a means for removing power from at least the means for receiving for power off time periods that correspond to the relative time periods.

29. A receiver that processes bursts of content, at least some of the bursts of content include relative time periods, the video receiver comprising:

a receiving module that receives bursts of content;

an extraction module configured to extract relative time periods from the bursts of content; and

a power management module that removes power from at least the receiving module for power off time periods that correspond to the relative time periods.